



Come join Team Health and Hustle at the Philadelphia Love Run Half Marathon on Sunday, March 26th! “Race-cation” Philadelphia’s premier spring half marathon! The half marathon course will start and finish at the beautiful Art Museum at Eakins Oval. It will take you through downtown Philly and parts of Fairmount Park, making it a super fast, super fun course!

When you join our team you will be given a customized training plan and will receive nutritional information each week. All your race weekend travel details and logistics will be taken care of for you, so you can train stress free! You will also have the option to join us for a variety of offerings, including but not limited to, track workouts, distance runs, team gatherings, discounts with Health and Hustle exclusive partners, group yoga and more.

Training will begin the week of 1/16/2023. This will be a great way to keep yourself motivated through the winter season! Kick off the New Year the right way with Team Health and Hustle!

ITINERARY:

Saturday, March 25:

Let the fun begin! We will arrive at the Pennsylvania Convention Center packet pick-up and health expo at 2pm. Maybe we will even snap a team picture at the iconic Rocky Steps! After exploring the expo, we will check into our hotel to rest, restore and get race ready. The day will conclude with an early team dinner.

Sunday, March 26: RACE DAY!

It's game day!! Let Health and Hustle take care of all the race day prep so you can focus on YOU and your race! The race will begin at 7:30am. Love. Run. Philly! Health and Hustle will get you where you need to be!

After completing the half marathon, it's time to celebrate your success! We will enjoy the post race festivities with lots of Philly “phavorites”, like soft pretzels and other delicious fare. Then, come along for an authentic culinary experience exploring the traditional tastes of Italy. You will

learn how to make pasta the old-world way, by hand, and finally finish it off with homemade gelato before departing back home.

Health and Hustle Fee (**includes 10 week training plan with access to a mobile app that allows you to track your progress and training, group runs [including track workouts and training runs] nutritional support [including advice on when and what to eat, recipes and food samples], weekend coordination, Saturday 3/25 team dinner and 3/26 post race culinary experience and celebration*): **\$450**

Does not include hotel, official race registration, team transportation depending on group.

To register, email us at healthandhustleracing@gmail.com

Registration is open, and the race does **SELL OUT!** Sign Up [Here](#)

*Must secure 5 participants for the trip to run.

**Accommodation subject to change based on availability and group preference.

***Cancellation Policy: We understand that things come up and life happens, which may result in a cancellation due to unforeseen circumstances. We will provide a 50% refund of our fee up until **March 12, 2023**. After that, the fee is non refundable. (Accommodations and travel arrangements will be subject to hotel cancellation policy.)